



1- MOTIVATION

The Manaus International Marathon presents throughout its route the history of Amazonas elevated to the category of Province and the consequent creation of Manaus, once called “Paris of the Tropics”, due to many foreigners living there, and who required the same European conditions, predominantly by the French, almost all of the buildings came from Marseille/France, which, together with the Portuguese colonizers (where the squeaky accent comes from), the English, Italians and Indians built the entire historic center, the place where the start of the Marathon begins, in the past, San Vicente neighborhood, the monuments and houses of the time were built with their backs to the Rio Negro, as the difference was facing the immense forest and observing animals, birds and trees with a square in the center, with the independent Amazon, foreigners investing and at the height of rubber and other spices, Manaus was the first capital in Brazil to have electricity, college and public transport (electric tram), all to meet European requirements, and the route shows at the start Praça Dom Pedro II, the location from the Municipal Palace and Palácio Rio Branco, heads towards the Floating Port, Customs Building and turns into Praça and Igreja da Matriz, Relógio Municipal, Teatro Amazonas, Palácio da Justiça, Praça and Igreja São Sebastião and continues to the State School Building , Square and Police Building going to the Church and Praça dos Remédios, Faculty of Law Building, Adolpho Lisboa Market, Manaus Moderna and Banana Fair, Manaus waterfront and Praça Jeferson Peres to Palácio Rio Negro, Iron Bridge following to the Hospital Beneficente, then the Benjamin Constant School Building, the Education Institute Building, Congress Square, Praça da Saudade and Atlético Rio Negro Clube, leaving the center area towards the Praça 14 neighborhood passing by the N Sra de Fátima Church (has a dome similar to the Amazonas Theatre), block of the Samba School Vitória Régia and arrives at Cemitério São João Batista, Reservoir do Mocó and continues through the Adrianópolis neighborhood along Rua Teresina and down Rua Paraíba to the Mindu promenade to access Av Darcy Vargas and then Djalma Batista until the Arena da Amazônia, passing through the Vila Olímpica following Rua Pedro Teixeira until Av Cel Teixeira (Ponta Negra road) and Av do Turismo, finishing the 42km on the edge of Ponta Negra, a modern and tourist area in the city of Manaus, #vemmaratonarpormanaus.

In the 1st edition , the date September 9th was chosen because it was the week in which the holiday of September 5th was celebrated (Amazonas was elevated to the category of province, a tribute to the event at the time) and September 7th, the dates together, formed the biggest holiday of the year in 2018, in addition to the start time, we offer greater security to participants and less intervention when coming and going due to the low flow of cars at that time, not causing disruption to the city as a whole, and we maintain the concept on 2^a edition, seeking a milder climate than the month of September, we chose the holiday of the proclamation of the republic and the date was November 17th, and followed the same concept for the 3rd edition in 2021, as 2020 was not due the pandemic and we used the Proclamation of the Republic holiday extended over the weekend, and created the 21k+42k challenge and held the event on the 13th and 14th of November 2021. In 2022 we had the opportunity to honor the anniversary of the city of Manaus and the event was held on the weekend of the holiday of 10/24 and took place on the 22nd and 23rd of October 2022, and in 2023 we will use the holiday of Our Lady of Nazareth which, added to the weekend, maintains the same concept from previous years and we will continue to honor Manaus' anniversary, and all routes will take place on October 15, 2023.



And with the aim of encouraging the evolution of races, in the 1st edition we created routes so that everyone could challenge themselves: 08km route for those who run 05km; A 17km route for those who run 10km and a 28km route for those who run 15 or 21km, which still has the option of progressing to 42km, with everyone starting in the same place and with different finishing locations. In the 2nd edition we changed, we offered, in addition to the main route of 42km, routes of 5km, 10km and 21km with all routes arriving at the same place, maintaining the same route and starting place for the 42km, and the 10km and 21km starting at the Arena da Amazônia, and the 05km starting at Av. Cel Teixeira and all with the finish at Ponta Negra. For the 3rd edition we created the 10k + 21k and 21k + 42k challenges with the 10k and 21k routes starting on Saturday 11/13/2021 and the 42k route on 11/14/2021 and eliminating the 5k route. In 2022 we held it again over two days, with a considerable change in the routes, including the Bridge over the Rio Negro and the start and finish at Ponta Negra Park with the 42k, 10k, 21k and 5k routes, with the Kids and 5k being held in Saturday and the other routes starting in the early hours of Sunday. For 2023, the concept will be a single day, starting and arriving at Ponta Negra Park and with distances of 42k, 21k, 10k and 5k and the same route for 42k, 21k and 10k, and a new route for the 5k along the route along the other routes intervening less in the dynamics of the city and mainly where the event takes place.

All participants who ran the 1st edition have their bib number immortalized for the route they ran, and for those who did not participate, they must complete the 42km route twice in order to immortalize their bib number on their 3rd participation .

The athlete who runs 10 consecutive editions of the 42km will have the 11th participation onwards exempt from payment, and all athletes participating in the 1st edition , even not running in the 42km, will have the 2018 edition as part of the count, as long as they run in 2019 onwards on the 42km route.

We will have the TOP 100 medals for the 4 routes (5k, 10k, 21k, 42k), and for the 42km we will subdivide them into Top 70 for men and Top 30 for women, with a final definition of the relationship at the end of registration, which may increase the number of women according to the number of participants.

2- MEDICAL GUIDELINES

Runner safety is a primary concern at all TO races. Goal Sports, working in close collaboration with the rules, requirements and private health and public emergency teams, to guarantee from the start to the end of the race and throughout its route, health, well-being and prompt care for the medical needs of all runners , spectators, volunteers and staff.

We also recommend that all participants follow simple precautions for a pleasant and enjoyable experience during the event:

- Respect the distance: only participate in the route if you are properly trained and physically prepared to complete the total distance;



- Respect your health: consider consulting your doctor when planning to attend one of our events;
- Respect your body: if you are injured, or experience symptoms of fever, weakness, diarrhea or vomiting before the event that may prevent you from being physically prepared to run the chosen distance, we recommend that you consider not participating in the event;
- Respect your routine: Don't make major changes to your training and hydration in the days leading up to the race. On race day, a simple rule is to “drink your thirst”, that is, don't drink more than you need and prefer water and sports drinks to stay hydrated and maintain sodium levels, and finally, don't wear new sneakers for the first time. first or second time on race day;
- Respect the climate: pay attention to the weather forecast and adapt to the weather conditions, and in Manaus, due to the humidity and heat, use sunscreen and prefer light clothing and the shirt provided by the race, ideal for the event;
- If you feel anything different than usual, look for our medical team at the start, along the route or at the finish, review the route map and check the service locations and medical stations. Every Medical Station has water, sports drinks, toilets, medical facilities and access to transport vehicles in case you do not complete the race.

3- REGULATIONS

CHAPTER I – 5ª MANAUS CITY INTERNATIONAL MARATHON

1 - The Manaus City International Marathon, hereinafter Marathon, will be held on Sunday, October 15, 2023 for the 42k, 21k, 10k and 5k route.

2 – The starts:

2.1 - For athletes registered in the Marathon, on the 42k route, it will take place on 10/15/2023 at the portico located in Parque Ponta Negra, under any weather condition, following the following sequence:

- at 03:58 for wheelchair users and male and female ACDs ;
- at 4:00 am subdivided into the following platoons:
Platoon for Elite Women and Men and Platoon for the General Public men and women.

2.2 – For athletes on the 21k route, it will take place on 10/15/2023 at the portico located in Parque Ponta Negra, under any weather condition, following the following sequence:

- at 4:18 am for wheelchair users and male and female ACDs ;
- at 4:20 am subdivided into the following platoons:
Platoon for Elite Women and Men and Platoon for the General Public men and women;



2.3 – For athletes on the 10k course, it will take place on 10/15/2023 at the portico located in Parque Ponta Negra, under any weather condition, following the following sequence:

- at 4:38 am for wheelchair users and male and female ACDs ;
- at 4:40 am subdivided into the following platoons:

Platoon for Elite Women and Men and Platoon for the General Public men and women.

2.4 – For athletes on the 5k course, it will take place on 10/15/2023 at the portico located in Ponta Negra Park, under any weather condition, following the following sequence:

- at 4:58 am for wheelchair users and male and female ACDs ;
- at 5:00 am subdivided into the following platoons:

Platoon for Elite Women and Men and Platoon for the General Public men and women

2.5 - The times described above may vary by up to 5 minutes, depending on the number of participants and the operation of the starts, as well as other external factors, and will be confirmed when registration closes.

3 - The race will be held over distances of 42.195 km, from now on 42k, on a distance of 21.0975km, from now on 21k, on a distance of 10km, from now on 10k and on a distance of 05km, from now on 5k in the following categories:

3.1 - MARATHON - 42k COURSE

I- MALE AND FEMALE ELITE – There are no subdivisions;

II- GENERAL MALE AUDIENCE subdivided according to age group as of 12/31/2023 for the purpose of AWARDS and CLASSIFICATION:

- General Audience aged 20 to 24
- General Audience aged 25 to 29
- General Audience aged 30 to 34
- General Audience aged 35 to 39
- General Audience aged 40 to 44
- General Audience aged 45 to 49
- General Audience aged 50 to 54
- General Audience aged 55 to 59
- General public aged 60 to 64
- General Public aged 65 to 69
- General public aged 70 and over.

III-GENERAL FEMALE AUDIENCE subdivided according to age group as of 12/31/2023 for the purpose of AWARDS and CLASSIFICATION:

- General Audience aged 20 to 24
- General Audience aged 25 to 29
- General Audience aged 30 to 34
- General Audience aged 35 to 39



- General Audience aged 40 to 44
- General Audience aged 45 to 49
- General Audience aged 50 to 54
- General Audience aged 55 to 59
- General public aged 60 and over.

IV-FEMALE AND MALE WHEELCHAIR WEARERS – There are no subdivisions;

V- FEMALE AND MALE DISABLED ATHLETES – ACDs – There are no subdivisions.

3.2 - 21k COURSE

I- MALE AND FEMALE ELITE – There are no subdivisions;

II- GENERAL FEMALE AUDIENCE subdivided according to age group as of 12/31/2023 for the purpose of AWARDS and CLASSIFICATION:

- General Audience aged 20 to 24
- General Audience aged 25 to 29
- General Audience aged 30 to 34
- General Audience aged 35 to 39
- General Audience aged 40 to 44
- General Audience aged 45 to 49
- General Audience aged 50 to 54
- General Audience aged 55 to 59
- General public aged 60 and over

III-GENERAL MALE AUDIENCE subdivided according to age group as of 12/31/2023 for the purpose of AWARDS and CLASSIFICATION:

- General Audience aged 20 to 24
- General Audience aged 25 to 29
- General Audience aged 30 to 34
- General Audience aged 35 to 39
- General Audience aged 40 to 44
- General Audience aged 45 to 49
- General Audience aged 50 to 54
- General Audience aged 55 to 59
- Public 60 to 64 years old
- General Public 65 to 69 years old
- General Public 70 years and over

IV-FEMALE AND MALE WHEELCHAIR WEARERS – There are no subdivisions;



V- FEMALE AND MALE DISABLED ATHLETES – ACDs – There are no subdivisions

3.3 - 10k and 5k COURSES

I- FEMALE AND MALE GENERAL AUDIENCE subdivided according to age group as of 12/31/2023 for CLASSIFICATION purposes:

- General public aged 14 to 19
- General Audience aged 20 to 24
- General Audience aged 25 to 29
- General Audience aged 30 to 34
- General Audience aged 35 to 39
- General Audience aged 40 to 44
- General Audience aged 45 to 49
- General Audience aged 50 to 54
- General Audience aged 55 to 59
- General public aged 60 to 64
- General Public 65 and over.

II- FEMALE AND MALE WHEELCHAIR WEARERS – There are no subdivisions;

III- FEMALE AND MALE DISABLED ATHLETES – ACDs – There are no subdivisions

3.5 – When registrations close and athletes are distributed into their age groups, there is no minimum of 5 participants, the organization may, by free decision, combine 02 or more categories for the purpose of classification and awards, such decision will be informed in advance. And for the wheelchair category and for ACDs, the minimum is 5 participants, in both, the minimum takes gender into account, that is, there must be 5 males and 5 females respectively.

4. - The duration of the event will be according to each route and will have a limit of:

4.1 - **For the Marathon, 42k route: 6h00min** (six hours) from the start time with cutoff points **at km 6 at 04h50min (official Manaus time and 50min of race), at km 18 at 06h30min (time official Manaus time and/or 2h30min of race) and at km 32 at 8:35am (official Manaus time and/or 4h35min of race)** the exceptional possibility of cutoff points in other parts of the route considering the same limit pace (Pace chart of 8:32 min/km). If the athlete exceeds this time in places with a large flow of vehicles due to changes in the schedule and which violates safety, he/she will be asked to withdraw from the race and will be disqualified.

Note: If the athlete passes the km 32 cut-off point, but is unable to complete it within the 6am limit, we will postpone the time for a further 30 minutes for special support from the services provided to assist athletes who reach km 39 before the deadline. 6h of race, and in the results we will have the link "over 6h" in which the certificate is not issued, but the athlete will



receive his medal and will have the experience of his arrival like the most prepared athletes, this is a way of encouraging and supporting the slowest in the event.

4.2- For the 21k route: 3h00min (three hours) from the start time with the exceptional possibility of cut-off points in parts of the route considering the limit pace (Pace chart of 8:32 min/km). If the athlete exceeds this time in places with a large flow of vehicles due to changes in the schedule and which violates safety, he/she will be asked to withdraw from the race and will be disqualified.

4.3 - For the 5k and 10K route: 1h25min (one hour and twenty-five minutes) from the start time with the exceptional possibility of cut-off points in parts of the route considering the same limit pace (Pace chart of 8:32 min/km for 10k). If the athlete exceeds this time in places with a large flow of vehicles due to changes in the schedule and which violates safety, he/she will be asked to withdraw from the race and will be disqualified.

4.4 - The arrival area will have its equipment and services turned off and/or deactivated after the times determined above according to each route.

4.5 – The organization will **NOT** be responsible for any type of service or support to the athlete who is outside the projected time, in any part of the course, and the athlete will even be asked to withdraw and will be disqualified.

4.6 – In case of variation in the stipulated start time, for any reason, the time will be added to the times set out as a cutoff point.

4.7 - The support transport service for athletes who have withdrawn or who have not passed the cut-off points will follow the course route until the finish and will not return to pick up the athlete who refused to board at the specific time called by the organization, and the organization, at the time of the athlete's refusal, no longer has any responsibility for the services and support to the athlete, including safety.

5 - The Manaus International Marathon and the Amazonas Running Expo are designed, carried out and organized by the company TO GOAL SPORTS VENTURES GESTÃO ESPORTIVA EIRELI, which, through its employees, will be competent to solve any problem or answer any possible questions during the race. The regulation meets the rules for street races of the Brazilian Athletics Confederation - CBA and rule 240 of the International Association of athletics Federations – IAAF.

CHAPTER II – REGISTRATION

6 - Competitors, referred to here as athletes, may participate in the event if they register for 01 (one) of the courses available, pay the amount corresponding to registration within the specified period, express agreement with the standards of these Regulations and acceptance of the Disclaimer, an integral part of these Regulations and choose your category.



6.1 – Categories to choose from:

6.1.1- Elite - the athlete who has a record of minimum times in official tests, according to criteria defined by the Organization, will participate in the competition in a special Platoon at the start;

6.1.2 - ACDs – Athletes with Disabilities: Visually Impaired: This category includes athletes with total or partial lack of vision and who may run accompanied by a guide (NOTE: The guide does not will compete); Lower Limb Amputees: This category includes athletes with severe difficulty walking or running, who use prostheses or other supports; Person with Intellectual Disability; Hearing impaired person; Category Les Autres : all other categories of ACD athletes are included here, only for the 42k route, other routes will be included as general public and included in the age group.

6.1.3 – Wheelchair users - are people with physical disabilities who exclusively require the use of a sports wheelchair (only with a 3-wheel chair) or for competitions, and the use of chairs for social use (daily), motorized chairs, etc. is **not permitted**. handcycles or third party assistance. The use of a helmet is mandatory.

6.1.4 – Wheelchair User with Guide - The ATHLETE who uses a chair with 3 wheels (non-motorized tricycle type) equipped with brakes or a chair with 4 non-sports wheels and who only moves with the help of a GUIDE to push it. there and can only register for the 5k route, and do not participate in categories, with their participation as social inclusion and not competitive.

6.1.5 - The Technical Direction of the race reserves the right to include specially invited athletes in the elite squad who do not fit into any of the items described above.

6.2 – To participate in the Elite category on the 42k or 21k routes, the athlete must register on the event website, confirm payment and then send it to the email marathondemanaus@togoal.com.br with the subject ELITE CATEGORY 42K or ELITE 21K CATEGORY and inform in the body of the e-mail the name, confirmation code for registration in the event and in which test you satisfied the performance criteria necessary to be part of the category according to the indexes or minimum time, in the last 12 months, with the following times, as a reference, in official tests (IAAF, AIMS, CBA, and REGIONAL FEDERATIONS) of:

- Marathon: 2h:35min for Men and 2h:58min for Women
- Half Marathon: 1h:16min for Men and 1h:29min for Women
- 18k: 1h:02min for Male and 1h:14min for Female
- 15k: 0h:56min for Men and 1:04min for Women
- 10k: 0h:35min for Men and 0h:42min for Women
- Or be an athlete officially nominated by the State Athletics Federation or Confederation of your country;
- If the athlete does not meet the above indexes and feels capable of acting as an Elite, they must forward their CV for evaluation, requesting analysis, knowing that the priority for vacancies is for those who have the above indexes;
- CVs must be sent up to 20 days before the event date and the Organizer has no obligation to evaluate them after this period.



6.3 – The athlete can only register for a single route, if he chooses to change the chosen route, he must contact the organization via email marathondemanaus@togoal.com.br with the subject CHANGE OF COURSE requesting the change and making it payment or use of credit for the new choice according to the current lot, and if the new choice is for a lower value, there will be no refund of the difference due to the operational cost of the exchange and materials already made previously.

6.4 – Any athlete who does not request a change in route and signs up for more than one option will be automatically disqualified, without refunding the registration fees.

7 - Registration must only be done online, on the website www.maratonademanaus.com.br .

7.1 – There are 02 options to choose from for athlete kits: Simple Kit and Traditional Kit, for each of the routes and the value option for Brazilians and South Americans is in Real currency and registration for other foreigners is in US Dollar currency .

7.1. - **Simple Kit** : For all routes: Contains bib number in the color according to the route, chip and access to the entire event structure (hydration, insurance, medical emergency, fruits, etc.), participation to compete for the prize and medal for those who complete the test. It is ideal for those who are not interested in t-shirts and other gift items. If you are interested in any item not included, they will be available individually for sale.

THE ILLUSTRATIVE IMAGE OF THE KIT WILL BE SHOWN ON SOCIAL MEDIA

7.1.2 - **Traditional Kit** : For all routes: Contains shirt with personalized size choice, which can be traditional or babylook in the color according to the route, bib number in the color according to the route, chip, personalized event cup , personalized plastic bag with gifts from sponsors (if any) and access to the entire event structure (hydration, insurance, medical emergency, fruits, etc.), participation in the competition for prizes and a medal for those who complete the race.

THE ILLUSTRATIVE IMAGE OF THE KIT WILL BE SHOWN ON SOCIAL MEDIA

7.1.3 - For the Marathon, 42k route - Values for Brazilians and South Americans:

7.1.3.1 - The value of each kit:

- Simple Kit: R\$ 175.00
- Traditional Kit: R\$ 275.00

7.1.4 - For the 21k route - Prices for Brazilians and South Americans:

7.1.4.1 - The value of each kit:

- Simple Kit: R\$ 150.00
- Traditional Kit: R\$ 250.00



7.1.5 - For the 10k and 5k routes - Prices for Brazilians and South Americans:

7.1.5.1 - The value of each kit:

- Simple Kit: R\$ 100.00
- Traditional Kit: R\$ 190.00

7.1.6 - For the Marathon, 42k route - Prices for foreigners (non-South Americans):

- Simple Kit: USD 60.00
- Traditional Kit: USD 90.00

7.1.7 - For the 21k route - Prices for foreigners (non-South Americans):

- Simple Kit: USD 55.00
- Traditional Kit: USD 85.00

7.1.8 - For the 10k and 5k route - Prices for foreigners (non-South Americans):

- Simple Kit: USD 40.00
- Traditional Kit: USD 60.00

7.2 - Athletes over 60 (sixty) years of age are legally entitled to a 50% (fifty percent) discount on the registration fee for the Traditional Kit or Simple Kit.

7.3 – Wheelchair Athletes, Wheelchair Athletes with Guide and ACDs will, on the free initiative of the event organizers, be entitled to a 50% (fifty percent) discount on the official registration fee for the Traditional Kit and the Simple Kit, and must prove the condition, during the collection of the kit, presenting yourself or, if impossible, your representative presenting a document proving identity and disability. Wheelchair users are people with physical disabilities who exclusively require the use of a sports wheelchair, and can register for the 42k, 21k, 10k and 5k route. Wheelchair with Guide are people with physical disabilities who use non-sports wheelchairs and need a third party to push the chair, and can only register for the 5k route. ACDs must prove their condition when collecting the kit, if they opt for the discount, and participate according to their age group on the chosen route. If we have more than 5 entries with the same disability, we will open the category on the 21k or 42k route.

7.4 – Courtesies: A To Goal Sports Ventures, out of liberality and/or in compliance with municipal legislation for donors, will offer freebies for this event for social purposes and/or public services, as well as for partnerships with supporters and sponsors and promotions. The use of this benefit will be via code given to the beneficiary so that they can register directly on the event website, filling in the mandatory data to participate in the event.

7.4.1- Requests for courtesies for social purposes and/or public services must occur up to 60 days before the date of the event and their fulfillment is not mandatory, as it is a liberality, being optional and subject to analysis by the organizer. concession of places, and are limited to the Simple and/or traditional Kit;



7.4.2- Requests from partner companies, supporters and/or promotional actions will be evaluated and must be requested up to 90 days before the event date, attendance is not mandatory, it is optional and is limited to the Organizer's decision-making ;

7.4.3 – Elite Athletes: At the sole discretion of the Organizer, female and male elite athletes may request free of charge their participation in the Simple Kit or Traditional Kit, for the 42k or 21k route, via email to marathondemanaus @togoal.com.br writing in the subject ELITE ATHLETE for 42K or ELITE ATHLETE for 21k and you must attach your athlete CV and in the body of the email inform your name, CPF, telephone number and email and prove the minimum time in official tests (IAAF, AIMS, CBA, and REGIONAL FEDERATIONS), at least 02 (two) in the last 12 months with the following times, as a reference, in tests of:

- Marathon: 2h:28min for Men and 2h:56min for Women
- Half Marathon: 1h:12min for Men and 1h:26min for Women
- 18k: 0h:59min for Male and 1h:10min for Female
- 15k: 0h:50min for Men and 0:59min for Women
- 10k: 0h:33min for Men and 0h:38min for Women

7.4.3.1 – The decision to grant a free place and which kit will be offered is exclusive to the Organizer, and is limited to 10 places for Elite Men and 10 places for Elite Women, and may increase or decrease the number of places at any time .

7.4.3.1 – The CV must be sent no later than 15 days before the event takes place, with the Organizer having no obligation to evaluate requests after this period.

7.4.4 - Blood Donors: Up to 90 (ninety) registrations of the Simple Kit of any route will be allocated, for blood donors, to access the vacancies, the athlete must go to HEMOAM in Block D, Social Service room on the date informed on the organizer's social networks (probably the end of September) and inform the reception that you intend to compete for the donor position, then prove 03 (three) consecutive donations for men and 02 (two) consecutive donations for women in a period of 12 months based on the date of the event (15/10/2023), as provided for by Municipal Law 391/14, and the athlete may also donate blood during their stay at HEMOAM to complete the pending donation, if applicable. HEMOAM management will provide the first 20 athletes who meet the above conditions with a code to register on the event website;

7.4.5 – Courtesy requests will not be accepted for athletes who are already registered for the event, nor will there be a refund of paid registrations, if the athlete receives a courtesy or benefit, via third parties and is already registered for the event, regardless of the route previously registered, and if you use the courtesy for another route, you must request, under penalty of being disqualified in both, the cancellation of your participation in the previous route, without refund of previously paid amounts.

7.5 - At the organization's discretion, a discount may be granted on the value of registrations for teams, advisors and other categories, or through promotional lots for the general public.

7.6 – There will be no registration via manual form and payment to third parties in cash or to employees of TO GOAL SPORTS VENTURES GESTÃO ESPORTIVA is not permitted, only registrations via the online platform, and the printing of the invoice, without actual payment, will be valid. does not guarantee participation in the event.

7.7 - Online registration not only guarantees the security and convenience of the transaction carried out by the athlete, but also remunerates the following services: (i) control of confirmation and authentication of online payments with financial institutions; (ii) information security system, as personal information is stored and encrypted customer credit card information is used; (iii) sending an email confirming the registration purchase order (before payment confirmation); (iv) sending an email confirming the sale (or disapproval) of registration after payment confirmation; (v) cost of internet access bandwidth, which is already included in the price.

7.8 - The organization offers the option of choosing the size of the shirt, therefore there will be no possibility of changing the size due to the wrong choice when delivering the kit, and may also offer as a form of courtesy and gift with limited quantity quotas, without the mandatory availability of stock by size at the time of delivery of the kit, being subject to non-availability of the chosen size, in accordance with the kit collection order, and the athlete will not be able to claim the impossibility of running in the event if there is no shirt in a size that suits you. In case of an error on the part of the organization regarding the shirt size, the athlete has the option of choosing the best size available at the time.

TRADITIONAL ADULT SHIRTS SIZE



TABELA DE MEDIDAS

MASCULINO

CAMISA POLIAMIDA

TAMANHO	PP	P	M	G	GG	XG
MEDIDA A	65	67	69	71	73	75
MEDIDA B	48	50	52	54	56	58

* Os valores apresentados podem sofrer variações de até 2cm para mais ou para menos.
** Valores calculados em Centímetros



ADULT BABYLOOK SHIRTS SIZE



TABELA DE MEDIDAS

FEMININO

CAMISA POLIAMIDA

TAMANHO	PP	P	M	G	GG	XG
MEDIDA A	58	60	62	64	66	68
MEDIDA B	37	39	41	43	45	47

* Os valores apresentados podem sofrer variações de até 2cm para mais ou para menos.
** Valores calculados em Centímetros



THE SIZE UNTIL 09/15/2023 **BY EMAIL** marathondemanaus@togoal.com.br).



8 - Upon registration, by agreeing to the regulations, ticking the option presented in the online system, the athlete accepts all the terms of the regulations and assumes full responsibility for their participation in the event in accordance with the terms of responsibility, an integral part of this regulation.

9 - Registration will close 30 (thirty) days before the race date scheduled for the race, or on a date before this, if the technical limit defined for the race is reached, or later if new places are offered at the discretion of the organization.

10 - The organizing companies may, at any time, suspend or extend deadlines or even increase or limit the number of registrations, depending on needs, technical availability and/or structural issues, without prior notice.

10.1- The Technical Direction of the event reserves the right to include specially invited athletes in the event.

10.2 - Foreign athletes may be invited at the discretion of the Organizer.

10.3 - Guest athletes will have their accommodation costs in a double or triple room (Standard) and food in a place offered by the Organizer and covered by the Organizer (up to two nights). The coaches (and only these, no other companions are accepted) of the invited athletes will have their accommodation costs in a Standard double room and food covered by the EVENT ORGANIZATION (up to two nights), if a coach is responsible or team leader and/ or coach of more than one athlete will be entitled to a single invitation.

11 - Athletes are responsible for the veracity of the information provided in the online system. Athletes agree that email and social networks will be the means of communication used by the organizing company to pass on information and updates regarding the race.

11.1 - The athlete assumes and expressly declares that he is aware of his health status and athletic capacity, and has trained adequately for the event.

12 - The amount paid for registration will not be refunded if the athlete reports withdrawal from the race after the deadline set out in art. 49 of the Consumer Protection Code – CDC, that is, up to 7 days after purchase.

13 - Registration for the race is personal and non-transferable, and no athlete can be replaced by another, in any situation.

13.1 - The athlete who gives or allows his bib number to be copied to another person will be responsible for any accident or damage that person may suffer, exempting the service and any responsibility of the organizing company, its sponsors, supporters and public bodies.

13.2 - If there is proven fraud, especially in relation to the benefits defined by law (people over 60 years old and donors and liberality of the organizer for PNEs), the athlete will



be disqualified from the race and may be liable for the crime of ideological falsehood and/or documentation before the competent authorities and will be prevented from participating in other races organized by the company. Furthermore, a bill will be issued in the name of the purchaser with the difference to be paid and sent via email, and notified of the fraud, even if the situation was caused naively or was not known.

13.3 – If you are unable to participate and wish to transfer your registration to a third party, you must request an email at marathondemanaus@togoal.com.br with the subject CHANGE OF PARTICIPANT and inform the basic data for change: full name, date of birth, CPF and contacts (email and telephone number), in order for adjustments to be made, the route cannot be changed, and in case of any benefit (courtesy, promotional discounts or by law) the difference must be paid in advance via issuance payment slip when the change is approved, the deadline for this request is 09/30/2023.

14 – The minimum age to participate in the event is according to each route, being:

14.1- For Marathon, a 42k route, the minimum is 20 years of age by 12/31/2023, the same criteria used for classification in the age group;

14.2 – For 21k routes, the minimum is 18 years old by 12/31/2023, the same criteria used for classification in the age group;

14.3 – For the 10k and 5k routes, the minimum is 14 years old by 12/31/2023, the same criteria used for classification in the age group;

14.4 - For the participation of athletes under 18 (eighteen) years of age, those responsible must accompany the minors during the event or present, when collecting the kit, an authorization to participate with a notarized signature and a certified copy of the ID, such documents will be in the possession of the organization.

CHAPTER III – DELIVERY OF KITS

15 - The delivery of the kits will take place on 13 and 14/10/2023, from 10am to 8pm at the Vasco Vasquez II Convention Center and will take place during Expo Amazonas Running and will be informed by the organization by email, on social media or via telephone: (92) 98804-6725.

16 - The Kit can only be collected by the registered athlete upon presentation of official document with photo (RG, CNH, PROFESSIONAL IDENTITY, WORK CARD and PASSPORT).

16.1 - The collection of kits can only be carried out by third parties upon presentation of specific authorization for this purpose (manually written or typed letter authorizing the third party, including the full name and ID and CPF number to collect the kit, and with signature equal to the official document with photo) with a copy of the registrant's identification document.



16.2 - The organizing company is not responsible for removing the kits in cases where specific authorization is presented upon demonstration of an identification document.

16.3 – Athletes aged 60 or over and ACDs will have an exclusive window to collect the kit and prove their condition for the discount and sign the commitment not to give their bib number and chip to another athlete who does not have one. the condition to obtain the benefit.

16.4 – There will be no kit collection on the day of the event or after the event, and the athlete who did not collect it on the days and times stipulated in this regulation will have the kit collected and allocated to social actions, without the right to a subsequent complaint, as on the day of the event and afterwards there is no team, time and structure to operate such a service, as they are carried out in a different location and by different teams than on the day of the event.

17 - When collecting the Kit, the athlete or authorized third party must check their details which will be on the label of the envelope containing the bib number, and if they find an error, make the correction with the organization.

17.1 - The organization is not responsible for errors in filling out registration data and any resulting errors in calculation.

17.2 – Registration complaints will not be accepted after the kit has been collected.

CHAPTER IV – INSTRUCTIONS AND RULES FOR RACING

18 - The official start time of the race is at 4:00am on 10/15/2023 for the 42k route and 4:20am for the 21k route, and 4:40am for the 10k route, and at 5:00am for the 5k route and so on. the sequence defined in chapter I paragraph 2.

19- Athletes must observe the scheduled start time and be at the concentration location at least half an hour in advance, when the final instructions will be announced by the event announcer, and observe the stalls with Pace corresponding to their expectations so that have a safer start and in accordance with the training carried out.

20 - Athletes are obliged to have prior knowledge of the chosen route (42k, 21k, 10k and 5k) for the race. The route will be made available below and on social media.

21 - The athlete's participation in the race is strictly individual and assistance from third parties is prohibited, as well as the use of any technological resources without the prior written authorization of the organizers.

21.1 - Only athletes who are not suspended, or who are not serving any type of impediment punishment imposed by Confederations or Federations, may participate in the Event.



21.2 - Assistance from third parties, such as accompanying cyclists or any type of hydration on the move, is prohibited, except for the refueling points offered by the Organization itself, as well as the use of any technological resource without prior written authorization from the Organization.

22 - We recommend that athletes use sneakers to complete the route. We are not responsible for possible accidents to athletes who are barefoot.

23 – The use of the bib number is mandatory, it must be worn visibly on the chest without erasure, mutilation or alterations, or the “chip”, making it difficult to see or interface with the timing system throughout the course of the race, being subject to participants who do not comply with this requirement will be disqualified.

23.1 - MISUSE OF THE CHEST NUMBER AND CHIP: they are personal and non-transferable, and their storage, maintenance and handling are the sole responsibility of the registrant, therefore, they cannot be exchanged, loaned, or any other form of exchange (also including the possibility of participating with two or more chips, belonging to other participants), with another participant or not in the race, in any hypothesis or reason whatsoever. Inappropriate use of them, even if in a negligent and innocent manner, will result in the disqualification of those involved, and subsequent notification to the local athletics Federation, and also to CBA, for the necessary measures, which after the investigation of what happened, could be suspension. temporary period of participation in official events with the approval of these two entities, punishment for the team and coach involved, which could even be definitive suspension, in the case of proven repeat offense.

24 - In the event of disqualification of the first placed teams, those classified with the best time will be called successively.

24.1 – The athlete registered in the general public who comes in front of the ELITE among the top 5 will be awarded among the elites and maintain their classification among the top 5, and will no longer compete with the TOP 100 medal and classification by age group;

24.2 – The Elite athlete does not participate in the age group classification nor does he compete to win the TOP 100 medal.

25 - The athlete must observe the route, and no auxiliary means are allowed to achieve any type of advantage. Likewise, access to the event areas will not be permitted using paths other than those marked for such a situation, and it is prohibited to jump over the railings or trestles that delimit these areas to enter the track at any time during the race or cutting off the indicated route. . Failure to comply with these rules will result in the athlete being disqualified.

25.1 - In order to avoid the occurrence of accidents, the presence of animals on the routes will be expressly prohibited.



25.2 - An athlete who acts in a way that prevents or hinders the progression of other participants during the race will be subject to disqualification.

26 - Anti-doping tests may be carried out for athletes participating in the event at the discretion of the Organization, in accordance with CBAAt Street Racing Rule 07.

26.1 – For the anti-doping test, samples will be collected from the athletes on the 42k course, with the choice of athletes being at the discretion of the OCD (Anti-Doping Control Officer), accredited and under the responsibility of ABCD - (Brazilian Doping Control Agency) , accompanied by the Technical Delegate (CBAAt) and by referees accredited by CBAAt or FEDEAM. Athletes chosen for the exam will have their prizes retained by the organization until the official results are announced. For athletes who won prizes and were not included in the anti-doping test, the prize will be deposited in the prize winner's bank account. If there is any disqualification among those chosen for the exam, the organization will reclassify and supplement the prize immediately after authorization from CBAAt. Those who have a positive result in the anti-doping test will lose their right to the prize, being excluded from the classification.

27 - The athlete must immediately withdraw from the race if so determined by a member of the official medical team indicated by the Organizing Committee, and also by other members of the coordination/staff in the case of exceeding the predicted time (Pace Charter of each route as per paragraph 4), even on parts of the route, in order to preserve the safety of participants and prohibit the space designated for the race.

27.1 - When invited to withdraw from the competition, the athlete must board the bus provided by the Organization that will take them to the Arrival point, when this service is available.

28 - The classification of the race will be carried out through an Electronic Timing System, via chip, and the chip makes up the kit given to the athlete.

28.1 – The ELITE classification will be presented by the gross finishing time for the top 5 (five) men and women;

28.2 – The classification by age group and TOP 100 medal will be carried out using net time, that is, the time the athlete spent on the starting mat minus the time spent on the finishing mat;

28.3 - The time of all runners participating in the race will be timed and reported later, as long as the rules set out in this regulation are observed.

28.4 - The use of the chip is mandatory throughout the race, with participants who do not comply with this requirement being subject to disqualification.

28.5 - The athlete who does not remove his chip on the stipulated date and time will be prevented from participating in the race.

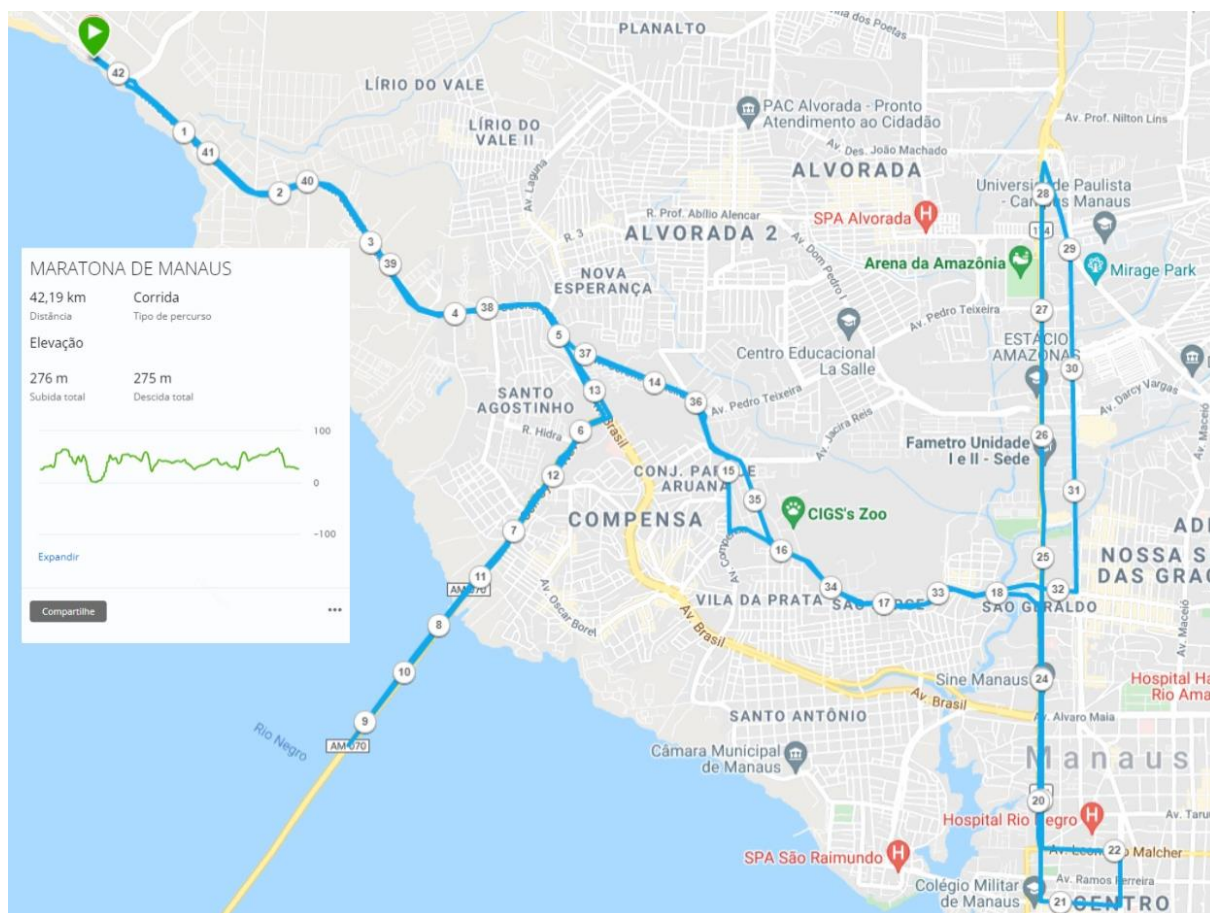


28.6 - The chip must be attached to the shoelace of the left foot, in a vertical position. Placing the chip is the athlete's responsibility, as are the consequences arising from non-use or inappropriate use of the chip. Incorrect placement may compromise the classification, and there will be no appeal in case of disqualification or failure to capture the signal. Inappropriate use of the chip by the athlete may result in the time not being recorded, exempting the Organizing Committee from responsibility for the consequent non-disclosure of the result. If in doubt, ask someone in the organization for help.

ROUTES

29 – For all routes, the concentration will take place at Parque Ponta Negra and its surroundings, and the start and finish will be at Parque Ponta Negra;

29.1 – The 42k route will start at Parque Ponta Negra and follow Av. Cel Teixeira until accessing Av Brasil, then turn right going up Av. Cel Cyrillo Neves to the center of the Bridge over the Rio Negro and returns to Av. Brasil accessing left on Av Brasil until the intersection with Av. Cel Teixeira, turn right and follow this road until Av São Jorge, and follow it until you reach Av Constantino Nery, at this point turn right and follow straight along the road until the intersection of Rua Dez de Julho, turn onto left until Av Getúlio Vargas, turn left and continue until the intersection with Av Leonardo Malcher, turn left and continue until Av Constantino Nery, turn right and follow it until the access to Av Mário Ypiranga and follow through it until you access Av Djalma Batista and go to the intersection with Rua João Valério, turn right and access Av São Jorge and continue until Av Cel Teixeira and then until the arrival at Parque Ponta Negra. Altimetry: Ascends 276m and descends 275m.



29.2 - The 21k route starts in the same direction and continues in the same way as the 42k route until the bridge over the Rio Negro, at this point, the athletes will continue forward, traveling over the bridge until the 21k return point identified still on the bridge and return equally to Av Brasil and after accessing Av Brasil, they will continue to Av Cel Teixeira and then until the arrival at Ponta Negra Park.

29.3 - The 10k route starts in the same direction and continues in the same way as the 42k and 21k routes until the 10k return point still on Av Cel Teixeira, go around and head back along Av Cel Teixeira until arrival at Ponta Negra Park.

29.4 - The 5k route starts in the same direction and continues in the same way as the 42k, 21k and 10k route until the 5k return point still on Av Cel Teixeira, go around and head back along Av Cel Teixeira until arrival at Parque Ponta Negra;

29.5 - The route in digital format can be accessed on the website www.maratonademanus.com.br and via apps on the social networks @maratonademanus and @togoalsports and or on facebook.com/maratonademanus and facebook.com/togoalsports.



29.6 - There will be identification throughout the route with gantries, cones, railings and members of the organizing team providing guidance and signs informing the mileage and direction, as well as electronic crossing and checking control points with mats.

CHAPTER V – AWARDS

30 - All athletes who cross the finish line legally, who are regularly registered and without breaching these regulations, will receive participation medals and edible medals (fruit and other edible products from sponsors, if applicable, such as cereal bars, chocolates, juices, etc.) and post-race gifts (if there are sponsors with this interest).

30.1 - Post-race medals and gifts (if any) will not be given to people who, even if registered, have not participated in the race.

30.2 – Prizes are not cumulative.

30.3 - All athletes whose names are called for AWARDS must immediately go to the award delivery area.

30.4 – The official result of the event will be published on the event website and posted on the organizer's social networks for access.

30.5 - The official result of the event for the MALE and FEMALE classifieds of the GENERAL CLASSIFICATION, depends on the official disclosure by CBA or another competent authority of the anti-doping test or any other restriction to be met by the ORGANIZATION.

30.6 - The ORGANIZATION reserves the right to include any other type of AWARD that will be publicized on the event website and social media.

30.7 - There will be no subsequent delivery to ATHLETES / TEAM who are not present at the delivery of the TROPHIES to which they are entitled on the day of the EVENT.

30.8 - In the case of a cash prize, it will be deposited in the ATHLETE's current or savings account, informed to the ORGANIZATION, through the Payment Request Document that the ATHLETE will receive via email which contains all the procedures and deadlines for the payment will be made upon completion of the result calculation, if the calculation is defined on the same day, payment will be in cash directly to the athlete or via pix according to the values.

30.9 - For AWARDS in trophies or different medals (for example Top 100), they will be delivered to the ATHLETE ONLY on the day of the EVENT.

30.10 - The PRIZE values presented refer to the total disbursement to be made by the ORGANIZER, with each winning ATHLETE being responsible for paying taxes, duties, documentation and transfer .



30.11 – 30.11 – The top 5 (five) placed in the GENERAL CLASSIFICATION for Men and Women of the 5k course will receive a trophy. For the general public, there will be a Top 100 medal for 5k for the first 100 regardless of gender and age group according to the net time.

30.12 – The top 5 (five) placed in the GENERAL CLASSIFICATION for Men and Women of the 10k course will receive a trophy. For the general public, there will be a Top 100 medal for 10k for the first 100 regardless of gender and age group according to the net time.

30.12 - The 05 (five) first placed MALE and FEMALE in the GENERAL CLASSIFICATION of the 21k course will receive a trophy and cash prize and the values will be: 1st place R\$ 3,000.00 (three thousand reais), 2nd place R\$ 2,500 .00 (two thousand and five hundred reais), 3rd place R\$ 2,000.00 (two thousand reais), 4th place R\$ 1,500.00 (one thousand and five hundred reais) and 5th place R\$ 1,000.00 (one thousand reais), totaling the male and female sum at R\$ 20,000.00 (twenty thousand reais). For the general public, there will be a Top 100 medal for 21k for the first 100 regardless of gender and age group according to the net time, and a trophy for the 03 (three) first placed men and women in the age group described in item 3.2 .

30.13 – The 5 (five) first placed MALE and FEMALE in the GENERAL CLASSIFICATION of the 42k course will receive a cash prize, as well as a trophy, according to their placement, the values for this prize will be: 1st place R\$ 10,000, 00 (ten thousand reais), 2nd place R\$ 7,000.00 (seven thousand reais), 3rd place R\$ 4,000.00 (four thousand reais), 4th place R\$ 3,000.00 (three thousand reais) and 5 ° place R\$ 2,000.00 (two thousand reais).

30.13.1 – CASH PRIZES BY AGE GROUP FOR THE 42K COURSE: The 03 (three) first placed Male and Female in the age group described in item 3.1 will receive a trophy. To receive the cash prize, it is necessary to have at least 5 athletes competing in the same category, and with the performance for men in up to 4h40min and women in up to 5h10min and will be in the following amounts: R\$ 500.00 (five hundred reais) for first place, R\$ 300.00 (three hundred reais) for second place and R\$ 200.00 (two hundred reais) for third place . And also, TOP 100 medal, with 70 reserved for males and 30 for females according to the percentage of the proportion of entries, and only the general public will be awarded the medal (ELITE does not participate in the TOP 100 awards and band age).

30.13.2 – The awards by age group for the 21km and 42km route will have their results made available on an information board and informed via the event's voiceover, and the athletes will have 10 minutes to present a dispute, report or complaint and it will be evaluated and resolved and then informed again and awarded. If it cannot be resolved, it may **NOT** be carried out on the day of the event, and will only be carried out after verifying the veracity of the results of all participants classified in the first three (03) places in each category, using the following procedures for this purpose: use of images (photos and footage) of everyone's arrival; confirmation of tickets at checkpoints positioned along the route; judgment of all appeals and complaints sent or made directly to the organization; the consequent disqualifications have been verified; received the results of the anti-doping tests carried out by those placed first in the general classification of the race. The trophies and/or awards will be sent later via transport and



correspondence company to the address provided by the winner, or they may be collected by the awardee at the organization's office, or by their duly documented proxy in case the award does not occur on the day of the event. . The validity period for claiming your prize is 06 (six) months from the date of the current year's event. After this date, the organization of the event will no longer offer cash prizes.

30.14 – Bonuses: The 5 best local male and female athletes registered in the 42km will receive a bonus for their performance, regardless of their classification, and may be cumulative to the prize won in the general classification, provided that their results are inferior to the male in 2h41min and for women in 3h21min, the following values: first best performance R\$ 6,500.00 (six thousand and five hundred reais), second best performance R\$ 5,000.00 (five thousand reais), third best performance R\$ 3,500.00 (three thousand and five hundred reais), fourth best performance R\$ 2,500.00 (two thousand and five hundred reais) and fifth best performance R\$ 1,500.00 (one thousand and five hundred reais). There will be no trophies or separate classification, the bonus is financial for performance on the 42km route. A local athlete is understood as an athlete residing in Manaus, who trains in Manaus and presents proof of residence in Manaus and competes in Manaus, participating in at least 3 races in Manaus in 2023.

30.15 – Awards for ACDs and Wheelchair Users 42k course: There will be awards for the 03 (three) first placed with a trophy, Male, for Wheelchair Users with a sports chair and for Visually Impaired, and a cash prize in the following amounts: 1st Place R\$ 4,000.00 (four thousand reais), 2nd place R\$ 3,000.00 (three thousand reais) and 3rd place R\$ 2,000.00 (two thousand reais).

30.16 – The teams with the highest number of participants in the event (adding up all distances and with a score multiplied by 1.5 for those registered in the 42km) will receive Trophies for first, second and third place, and a cash prize in the amounts of: 1 ° Place R\$ 1,000.00 (one thousand reais), 2nd place R\$ 800.00 (eight hundred reais) and 3rd place R\$ 200.00 (two hundred reais). We emphasize that we are not responsible if the team name is written incorrectly when registering.

30.17 - The award is a courtesy of the event organizer and is subject to change or cancellation without prior notice, which will only occur in the case of an extreme situation or force majeure.

30.18 - Failure to withdraw the prize (trophy and Top 100 medal or challenge) during the publication of the official result will result in the loss of the prize and the prize will be donated to charitable events.

30.19 – The awards will start as soon as the counting service has the results according to the route, that is, for 5k and 10k the awards start no later than 20 minutes after the arrival of the first place, as well as at the end of the counting of the first 100 placed to award the Top 100 medal, and for 21k and 42k, as the categories close with the arrival of athletes.



CHAPTER VI – PHYSICAL CONDITIONS OF ATHLETES AND SUPPORT SERVICES

31 – All athletes must be up to date with a rigorous medical evaluation to carry out the race, being aware of their health status and physical fitness to participate in the race.

31.1 – The ORGANIZERS will not be responsible for the physical health of the athletes.

32 - The athlete is responsible for the decision to participate in the race, evaluating their physical condition, performance and judging for themselves whether or not to continue throughout the competition.

32.1 - The Organizing Committee may, following the recommendation of the doctor responsible for the race, determine that the athlete interrupt or not participate in the race.

33 – The ORGANIZERS are not responsible for the medical care of athletes, medical expenses in cases of hospitalization or injuries caused by participation in the race. An ICU ambulance service will be available for emergency care for athletes and for their removal to public health hospitals.

34 - The athlete or his/her companion may decide to be removed or transferred to hospitals within the private health network, exempting the organizing company from any responsibility or reimbursement for expenses arising from this medical care.

34.1 - When registering, the athlete certifies that they are physically capable of completing the chosen route.

34.2 - Athletes registered in the race will have medical assistance at the start, route and finish of the race and insurance against accidents.

34.3 - Athletes officially registered for the event at any distance will be covered by insurance against serious personal accidents, valid only for the day of the race. The insurance starts from the moment the athlete registers for the race until the athlete arrives on the given route. And you should note that:

34.3.1 - This insurance does not cover pre-existing illnesses.

34.3.2 - Failure to correctly fill in the fields on the registration form will result in the right to use the insurance being waived.

34.3.3 - If the athlete has to be hospitalized, the expenses will be borne by the athlete, and the athlete or his guardian may choose any hospital of his choice.

34.3.4 - The request for reimbursement of medical and hospital expenses up to the limit of the amount covered in the insurance policy follows the rules of the insurer and policy and will have full guidance and support from the organizing company.



35 - Hydration stations with mineral water will be available along the route approximately every 2.5km to 3km, and 01 at the start and 01 at the finish for all races. Also on the route we will have hydration stations with isotonic drinks for the marathon for the 21k route, and 01 at the finish.

35.1 – Sponges filled with ice water will be made available along the Marathon route.

36 - A tent/structure identified as luggage storage will be made available to participants for all routes.

36.1 - Upon arriving at the starting arena, access the tent marked with the words Guarda-Volume and hand over your belongings, they will be placed in a bag and identified with your bib number. The bags can be collected upon arrival, upon presentation of your bib number.

36.2 - It is recommended that the athlete does not leave any valuables in the luggage storage, as the Organizing Committee cannot control and be responsible for the items that they voluntarily choose to leave there.

36.3 - The Organizing Committee will not be responsible for the content of the volumes delivered nor for the loss of materials or damage that athletes may suffer while participating in the event.

36.4 - The luggage locker will be deactivated 30 minutes after the end of the race, and each user must therefore collect their luggage before said deadline.

37- The organization is not responsible for transportation, accommodation and food for any athlete to the race location.

CHAPTER VII – IMAGE RIGHTS AND COPYRIGHT

38 - The athlete who signs up and consequently participates in the race is unconditionally accepting and agreeing to have their image and voice publicized through photos, films, radio, newspapers, magazines, internet, videos and television, or any other means of communication, for informative, promotional or advertising uses related to the race, without incurring any burden on the companies and/or partners responsible for media coverage of the race, renouncing the receipt of any income that may be earned with such rights at any time/ date.

39 - All athletes, *staff* and organizers transfer all rights to use their image and voice to the organizing company and/or its partners, responsible for media coverage of the race, upon registration.

40 - Filming, television broadcasting, photographs or video relating to the race are rights reserved to the organizers.



CHAPTER VIII – SUSPENSION, POSTPONMENT AND CANCELLATION OF THE SPORTS EVENT

41 - The Organizing Committee, taking into consideration the safety of the athletes, may decide to suspend the race, whether it has started or not, for reasons of public safety, vandalism and/or force majeure. If the race is suspended, for any of these reasons, it will be considered completed and there will be no new date designated for the race.

41.1 - Athletes are aware that they must assume, at the time of registration, all risks and damages of any suspension of the race (started or not) for reasons of public safety, vandalism and/or reasons of force majeure, not generating any liability for the organizing company.

41.2 - In the event of suspension of the sporting event, there will be NO refund of the registration fee.

42 - The race may be postponed or canceled at the discretion of the organizing company, with this decision being communicated to those registered via email, social media and the race's official registration website.

CHAPTER IX – GENERAL PROVISIONS

43 - Race safety will receive support from the competent bodies and there will be signage to guide athletes.

44 - There will be no refund, from the organizers, as well as their sponsors and supporters, of any corresponding amount or damage to the equipment and/or accessories used by the athletes in the event, regardless of the reason, nor for any loss of materials or damage that athletes or third parties may suffer while participating in the race. The costs of transportation, accommodation, food, insurance or any other expenses necessary or arising from participation in the race, before, during and after it, will be the sole responsibility of the athlete.

45 – The Organizers, at their discretion or according to the needs of the race, may change or revoke this regulation, in whole or in part, by informing the changes on the official race registration website.

46 - Any doubts or omissions in these Regulations will be resolved by the company and/or the race organizing committee in a sovereign manner, with no appeal against these decisions.

47 - The organization of the event reserves the right to request, at any time, documentation from the athlete for the purpose of proving their age.

48 - Chemical toilets and luggage storage will be used at the start/finish location of the race as support, support and comfort offered by the event organization. The organization recommends that valuables are not taken to the event and that such structures are used in a civilized manner and with the understanding that they are available to all participants.



49 - The organization is sovereign and will decide on cases not covered by this regulation and any appeals that arise, which must be formally presented in writing, within 20 minutes after the results are announced.

50 - During the awards podium, the athlete will only be able to publicize their sponsors through their clothing (example: cap, t-shirt, shorts, pants, sneakers, coats, all of these in common models). The use of posters and banners, among others, to promote sponsors on the podium is prohibited. Manifestations of this nature only with prior authorization from the organization. Failure to comply with this item will result in the athlete being disqualified, as well as the refund of the prize received. The use of municipal, state and country flags will be authorized, in accordance with specific legislation.

51 – The Organizing Committee reserves the right to include specially invited athletes or teams in the event.

CHAPTER X – FOR SPORTS ADVISORY

52 - Interested consultants who wish to use their own space at the event location must contact the Organizing Committee, which will define the space to be occupied and the previously defined times for assembling and dismantling the structures.

53 - Responsibility for advertising or displaying brands in tents that are not part of MAPA DA ARENA is the sole and exclusive responsibility of advisors, coaches, companies or racing clubs, exempting the ORGANIZATION from any responsibility.

54 - Interested parties who request authorization and set up tents will not be able to use a sound system that interferes with the event and will not be able to exceed the limits of the areas designated by the ORGANIZATION.

55 - The registration of those interested in the monitored area will be the responsibility of the event organization. Within this area, there may be no conflicting advertising with the event's sponsors, sale of products, services or display of political material.

CHAPTER XI – SAFETY RECOMMENDATIONS

56- During the race, the athlete must remain attentive to the flow of athletes and the signage from the local staff. Due to loss of attention to the landscape or other things, the athlete should avoid running too close to the limits of the sides of the course, which could cause tripping on the curb, or on safety and demarcation objects. The athlete must follow the route drawn up by the organization, staying within the limits imposed by the railings and signage placed along the route, thus avoiding accidents in contact with vehicles outside these limits.

57- It is of great importance that the athlete tries to throw the cups and other objects that are discarded during the race, in the trash containers, or next to the curb. Avoid throwing objects on



sidewalks, gardens, or where other participants will pass. This action can cause serious accidents to other participants, and is also harmful to the environment and the city.

58- The athlete should avoid excessive hydration. It can also harm performance during the test, and cause serious problems and damage to health. For athletes who for some reason are unable to continue in the race, after the start, a transport bus will be provided for the finish line. This bus will accompany the last athletes who are participating with the "pace" allowed, until the arrival of the race, within the completion time limit.

59- We recommend strict prior medical evaluation and exercise testing for all participants.

60- The athlete must be aware of their health status and the need to consult a doctor before the race, to assess their real conditions for participation, have trained adequately, assuming their transportation, accommodation and food expenses, insurance and any other expenses necessary or resulting from your participation in the test, before, during and after it.

STATEMENT OF RESPONSIBILITY

I, "identified in the registration form", in perfect use of my faculties, DECLARE, for due legal purposes, that:

1. I have read, know, accept and fully submit to EVERYTHING ESTABLISHED BY THE ARTICLES OF THE TEST REGULATIONS.
2. I am in full physical and psychological condition to compete in this TEST, and there is no medical recommendation against my participation.
3. I assume, of my own free will, all risks involved and their consequences for participating in this TEST (which include the possibility of disability and death), exempting its organizers, collaborators and sponsors FROM ANY AND ALL RESPONSIBILITY for any material or moral damages or physical injuries that I may suffer as a result of choosing to participate.
4. I will not carry or use advertising, promotional or political materials at the event locations, route and delivery of kits, or in any other area of visibility of the event without due written authorization from the organizers; and also any material or object that puts the safety of participants and/or people present at the event at risk.
5. I understand and agree with ALL ITEMS of this DISCLAIMER, thus exempting anyone from any and all legal responsibility for anything that may happen to me as a result of my participation in this TEST.